

# North Region Coastal District Revere Beach Reservation

Department of Conservation and Recreation

## **PROGRAMS APRIL 2023**

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Please follow all current COVID guidelines: Mass.gov/COVID and dress for the weather including possible ice on the ground. Programs are cancelled during inclement weather. For more information call (781) 656-1485 or email matthew.nash@mass.gov

### Wednesdays

### **SHOREBIRD & SEABIRD DISCOVERY STATION**

April 5, 12 19 & 26 9:00 am-11:30 am, Drop in

Listen to a short lesson (3-5 min) at this station about the fascinating shorebirds and seabirds that make Revere Beach their home . A spotting scope will be available for viewing birds but bring binoculars if you have them. Drop in anytime. Ages: Adults and kids 8 years + with adult chaperone. Co-sponsored by the Friends of Belle Isle Marsh.

Meet at: Revere Beach Reservation, under the tree and on the beach across from 21 Revere Beach Blvd., Revere, MA

### Friday

#### **SLOW BIRDING**

### April 21

9:00 am -10:30 am

Discover how you can enliven and enrich your experience of birds through slow and careful birdwatching including observing the fine aesthetic details and behavior of birds. Birds we may observe include piping plover, manx shearwater, gulls and terns. During the last half hour of this program, you will have the option to depart or to participate in guided mindfulness practices for the benefit of amplifying your peace, creativity and health. Be prepared for sitting, standing and walking short distances. Bring a chair, blanket or pillow to sit on. Binoculars recommended. Ages: Adults and kids 8 years+ with adult chaperone. Co-sponsored by the Brookline Bird Club and the Friends of Belle Isle Marsh.

**Meet at: Revere Beach Reservation,** on the beach across from 21 Revere Beach Blvd., Revere, MA

If you would like to receive regular emails about our current program schedule, please send a message to Matthew.Nash@mass.gov

#### **North Region Coastal District**

coming events